

Finn Valley

SPORTS CENTRE

Millbrae, Stranorlar
Co. Donegal
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Programmes Commencing September 2007

Evening Aerobics (with Sheila)	Wednesday	8.00 - 9pm	€5.00
Fox School of Hip-Hop Dance	Wednesday	6.00 - 7pm	€5.00
Gymnastics (Colette 074 914 5436)	Saturday	10.00am - 1pm	€5.00
Finn Valley Boxing Club (Conor 087 910 1727)	Monday Wednesday Friday	10.00am - 1pm 10.00am - 1pm 10.00am - 1pm	€4.00
Terry Lafferty School of Irish Dancing	Monday	5.30 - 7.30pm	
Ursula Quigley School of Irish Dancing	Friday	5.30 - 7.30pm	
Soccer Skills	Friday	4.00 - 6.00pm	
Finn Valley A.C. Training (Patsy 087 222 6112)	Tues & Thur Sunday	7.30pm 10.00am	

**WE CATER FOR CHILDRENS BIRTHDAY PARTIES
INCLUDING BOUNCING CASTLES, ASTRO-TURF etc ...**

AUTUMN/WINTER 2007/08



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MEMBERSHIP OPTIONS:
12, 6, 3 months or daily visits

PRICE:
12 months - €185
6 months - €120
3 months - €75
or €5.00 per visit



Inductions Daily - Gift Vouchers Available

Enquires 074 913 2053 - Millbrae Stranorlar, Co. Donegal