

## 9<sup>th</sup> Secondary Level Schools Cross Country

Your school is invited to participate at the 9<sup>th</sup> Secondary Schools Level Cross Country event which is taking place on the **30<sup>th</sup> September 2009**.

This was a most successful event in recent years.

**Venue:** Finn Valley A.C. Stranorlar

**Date:** 30th September 2009

**Time:** 1<sup>st</sup> event @11.30am start. Event complete @ 12.30pm

**Presentation:** 1.00pm

**Entry Fee:** €3.00 per athlete payable at registration on the day.

( Should you have in excess of 50 athletes participating 2 euro per athlete is sufficient )

*Teachers / Adults in charge can help by collecting entry fee on journey to the event.*

### **Prize Structure:**

Prizes individual 1 – 12

Teams 1,2,3 (Scoring 3)

### **Programme:**

1 <sup>st</sup> Year Girls	800m
1 <sup>st</sup> Year Boys	1000m
2 <sup>nd</sup> Year Girls	1000m
2 <sup>nd</sup> Year Boys	1200m
3 <sup>rd</sup> Year Girls	1200m
3 <sup>rd</sup> Year Boys	1500m
4 <sup>th</sup> /5 <sup>th</sup> / 6 <sup>th</sup> year girls	1500m
4 <sup>th</sup> /5 <sup>th</sup> /6 <sup>th</sup> boys	2000m

Each school is encouraged to bring along as many athletes as they wish, in other words: ***you may run as many as you choose in each race....***

For further details please ring Patsy McGonagle on 087 222 6112 or email [patsymcgonagle@hotmail.com](mailto:patsymcgonagle@hotmail.com)

***Looking forward to meeting you on the day!***