

Senior Men

Andrew Ledwith Fr. Murphys A.C.
 Sean Connolly Tallaght A.C.
 Mark Kenneally Clonliffe Harriers A.C.
 Martin Fagan Mullingar Harriers A.C.
 Mark Christie Mullingar Harriers A.C.
 TBC

1st Reserve

TBC

2nd Reserve

David Kelly Sligo A.C.

Senior Women

Mary Cullen Sligo A.C.
 Deirdre Byrne Sli Cualann A.C.
 Linda Byrne Dundrum South Dublin AC
 Fionnuala Britton Sli Cualann A.C.
 Ava Hutchinson Dundrum South Dublin A.C.
 Orla O'Mahony Raheny Shamrock A.C.
 Rosemary Ryan Bilboa A.C.
 Ciara Durkan Skerries A.C.

1st Reserve

2nd Reserve

Under 23 Men

Michael Mulhare North Laois A.C.
 John Coghlan Metro St. Brigid's A.C.
 Stephen Scullion North Belfast Harriers
 David Flynn Clonliffe Harriers A.C.
 David Rooney Raheny Shamrock A.C.
 Brendan O'Neill Dundrum South Dublin A.C.

1st Reserve

Ciaran O'Lionaird

Leevale A.C.

2nd Reserve

Aidan McGowan

St. Malachy's A.C.

Under 23 Women

Sara Treacy Moynalvey/Kilcloon A.C.
 Bryony Treston Dundrum South Dublin A.C.
 Maria Walsh Dundrum South Dublin A.C.
 Roseanne Galligan Newbridge A.C.
 Breffni Twohig Dundrum South Dublin A.C.
 Laura Huet Dundrum South Dublin A.C.
 Frances Nic Reamoinn Clonliffe Harriers A.C.
 Becky Woods Cushinstown A.C.

1st Reserve

2nd Reserve

Junior Men

Michael McKillop St Malachy's A.C.
 Liam Tremble Metro/St. Brigid's A.C.
 Ryan Creech Leevale A.C.
 Emmett Jennings Dundrum South Dublin A.C
 Noel Collins Omagh Harriers

1st Reserve

Ian Ward

Finn Valley A.C.

2nd Reserve

John Travers

Donore Harriers

Cian O'Reilly

Annalee A.C.

Junior Women

Ciara Mageean Lisburn A.C.
 Laura Shaughnessy Loughrea A.C.
 Emma Mitchell Banbridge A.C.
 Mary Mulhare North Laois A.C.
 Eimear Black Ballymena & Antrim A.C.
 Charlotte Ffrench-O'Carroll Dundrum South Dublin A.C.
 Tekea Gebrezgi Celtic A.C.
 Deirdre Doyle Tinryland A.C.

1st Reserve

2nd Reserve

Alistair Cragg has expressed his desire to be part of the senior men's team at the European Cross Country Championships on 13th Dec . However Athletics Ireland will wait to evaluate his form at the San Jose 5K on Thursday 26th before making any decision on the final place on the senior men's team. David McCarthy (West Waterford A.C.) was not considered for selection after consultation with athlete & coach.