



1945 -2010

Glaslough Harriers Athletics Club Presents
John O' Reilly & John Curley Road
Races

Sunday 14nd March 2010 @ 12.00am

Juvenile Races u8 – u16 Sharp at 12.00am
(Trophies and medals as prizes)

Senior Men's & Ladies 5km Sharp @ 1.30
(Cash prizes in adult categories)

Special Needs Race @1 .15pm

Joggers & Walkers are welcome!

Girls & Boys u8 200m
Girls & Boys u10 400m
Girls & Boys u12 800m
Girls & Boys u14 1000m
Girls & Boys u16 1500m

Age Groups: Under A.A.I Rules.

Individual and Team prizes.

Entries will be accepted on the day, from 12.00am

Please Email enteries if possible.

Registration at the Oakland Centre, Glaslough.

Contact: eamonnhackett@eircom.net Tel: 087-2219465

Enteries Juvenile €5 Seniors €10