

04+000Finn Valley AC

5k Spring Series Race 3

	Time	RaceNun	FirstName	Surname	Sex	Club
1	16.14	442	Ivan	Toner	-	Letterkenny A C
2	16.16	461	Paul	Ward	-	Tír Chonaill A C
3	16.22	493	Darren	Mc Glinchey	-	Finn Valley A C
4	16.58	448	Adam	Friel	-	Letterkenny A C
5	17.05	373	Gerard	Bogle	-	Individual
6	17.11	487	Kieran	Carlin	-	Finn Valley A C
7	17.13	462	Martin	O'Halloran	-	Tír Chonaill A C
8	17.42	546	Humphrey	Murphy	SM	Letterkenny A C
9	17.51	469	Joe	English	-	Letterkenny A C
10	18.16	543	Darragh	Crossan	-	Letterkenny A C
11	18.20	552	Paddy	Mc Daid	-	Letterkenny A C
12	18.21	374	Aidan	Mc Kenna	-	Letterkenny A C
13	18.41	476	Michael Snr	Penrose	-	Individual
14	18.43	498	Drew	Doherty	-	Finn Valley A C
15	18.47	477	Ryan	Porter	-	Finn Valley A C
16	18.50	458	Gerard	Gallagher	-	Individual
17	18.56	492	John	Mc Glinchey	-	Finn Valley A C
18	18.59	379	Aaron	Kelly	SM	Individual
19	19.00	407	Ben	Dunleavy	-	Letterkenny A C
20	19.01	401	Ben	George	M35+	Letterkenny A C
21	19.03	485	Seamus	Ferry	M40+	Individual
22	19.05	405	Kieran	Kelly	-	Finn Valley A C
23	19.06	455	Glen	Duncan	-	Individual
24	19.07	366	Colm	Mooney	-	Individual
25	19.10	457	Donal	Rowan	-	Finn Valley A C
26	19.17	378	Danny	Mc Geehan	-	Finn Valley A C
27	19.19	509	Pat	O'Donnell	SM	Individual
28	19.22	361	Bronagh	O'Gara	-	24/7 Triathlon
29	19.23	523	Joseph	Gallagher	SM	Individual
30	19.24	454	Aaron	Mc Glynn	SM	Individual
31	19.25	521	Patrick	Mc Conigley	JM	Milford A C
32	19.28	364	Margaret	Kelly	-	24/7 Triathlon
33	19.30	456	Darren	Wallace	-	Individual
34	19.36	464	Hugh	Gallagher	-	Finn Valley A C
35	19.39	447	Teresa	Doherty	-	Inishowen A C
36	19.41	563	Paul	Friel	M40+	Individual
37	19.42	371	Tom	Thompson	-	Finn Valley A C
38	19.43	365	Pauric	Kelly	-	24/7 Triathlon
39	19.43	472	Colm	Cleary	-	Individual
40	19.44	450	Sean Paul	Byrne	-	Finn Valley A C
41	19.45	514	Joe	Carlin	-	Finn Valley A C
42	19.46	372	Sean	Foley	-	Finn Valley A C
43	19.50	511	Patrick	Mc Glynn	-	Finn Valley A C
44	19.51	433	Paul	Cosgrove	-	Letterkenny A C
45	19.54	451	Daniel	Cullen	-	Letterkenny A C
46	19.57	536	Seamus	Sweeney	SM	Rosses A.C.
47	19.57	529	Paul	Harris	-	Letterkenny A C
48	19.59	380	Richard	Raymond	-	Letterkenny A C
49	20.02	484	Peter	Lilburn	-	City Of Derry
50	20.02	501	Joe	Brennan	-	Finn Valley A C
51	20.03	465	Mark	Denning	-	Finn Valley A C
52	20.03	431	Christy	Mc Monagle	-	City Of Derry
53	20.04	483	Michael	Callaghan	-	Individual
54	20.09	470	Stephen	Travers	M45+	Finn Valley A C
55	20.11	435	Brendan	Mc Dyre	-	Individual
56	20.18	408	Dermot	Mc Granaghan	-	Finn Valley A C

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57	20.20	494 Shaun	Maxwell	-	Individual
58	20.22	535 Tim	Flanagan	M40+	Individual
59	20.25	480 Seamus	Curran	-	Finn Valley A C
60	20.25	437 Mark	Canning	-	Individual
61	20.27	528 Liam	Marley	M50+	Cranford A C
62	20.30	403 Mark	Nicholas	-	24/7 Triathlon
63	20.33	527 Darren	Beecroft	-	Individual
64	20.34	375 Pauric	Mc Geehan	SM	Individual
65	20.36	467 Pauric	Mitchell	-	Finn Valley A C
66	20.37	544 Kevin	Mc Guire	-	Finn Valley A C
67	20.43	581 Brendan	Patton	-	Finn Valley A C
68	20.44	468 Liam	Mc Ginty	-	Finn Valley A C
69	20.46	441 Mary	Hippesley	SW	Individual
70	20.52	478 Adrian	Callaghan	-	Letterkenny A C
71	20.54	526 Michael Jnr	Penrose	-	Individual
72	21.07	486 Don	Rosney	JM	Letterkenny A C
73	21.08	530 Declan	Carlin	-	Individual
74	21.15	516 Patrick	Mc Namee	-	Finn Valley A C
75	21.16	541 Johnny	Ward	M40+	Tír Chonaill A C
76	21.24	438 Maurice	Laverty	-	Individual
77	21.27	582 Eilish	Patton	-	Finn Valley A C
78	21.28	436 Hugh	O'Donnell	-	Individual
79	21.41	446 Shannon	Mc Laughlin	-	Finn Valley A C
80	21.42	522 Gillian	Marley	JW	Milford A C
81	21.45	547 Seamus	Kee	-	Individual
82	21.49	537 Nakita	Burke	-	Individual
83	22.01	565 Steven	Henderson	-	Individual
84	22.02	479 Shaun	Mc Menamin	M50+	Finn Valley A C
85	22.04	440 Gloria	Donaghey	-	Finn Valley A C
86	22.09	471 Michael	Burke	-	Individual
87	22.12	566 John	Mc Ginty	SM	Individual
88	22.23	507 Michael	Mc Meniman	SM	Finn Valley A C
89	22.31	377 Alex	Mc Geehan	-	Finn Valley A C
90	22.39	473 Martin	Anderson	-	Finn Valley A C
91	22.45	409 Francis	Duffy	-	Individual
92	22.47	584 Anthony	Gallagher	-	Individual
93	22.48	443 Noreen	Bonner	-	Finn Valley A C
94	22.50	554 Tony	Gallagher	-	Finn Valley A C
95	22.52	540 Joe	Mc Glynn	-	Finn Valley A C
96	22.56	402 Amanda	Morrow	-	Finn Valley A C
97	22.57	370 Pat	Mc Crudden	M60+	Finn Valley A C
98	23.02	475 Niall	Mulrine	-	Individual
99	23.04	531 Eloise	Carlin	-	Finn Valley A C
100	23.05	362 Sharon	Thompson	-	Finn Valley A C
101	23.05	519 Brian	Mc Elwaine	-	Individual
102	23.09	439 Anita	Meehan	W40+	Individual
103	23.10	363 Noelle	Monaghan	SW	24/7 Triathlon
104	23.19	542 Irene	Mc Fadden	SW	Individual
105	23.19	406 Emily	Bonner	-	Individual
106	23.27	482 Ann Marie	Lynch	SW	Finn Valley A C
107	23.44	466 Adrian	Wasson	-	24/7 Triathlon
108	23.46	568 Dan	Mulholland	-	Finn Valley A C
109	23.54	453 John	Ferry	M40+	Individual
110	23.59	496 Sean	Mc Crudden	M40+	Individual
111	24.04	508 Mark	Devenney	-	Individual
112	24.07	555 Sinead	Gallagher	-	Finn Valley A C
113	24.08	506 Kathleen	Mc Nulty	SW	Finn Valley A C

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114	24.12	432 Frankie	Murray	-	Individual
115	24.13	590 Sinead	Boland	-	Individual
116	24.15	376 Euylin	Mc Geehan	SM	Individual
117	24.33	517 Shauna	Mc Nulty	SW	Finn Valley A C
118	24.34	550 Cronan	Scanlon	SM	Finn Valley A C
119	25.11	474 Dwayne	Long	-	Individual
120	25.22	445 Gerard	Harkin	-	Individual
121	25.24	548 Richard	Sleigh	-	Individual
122	25.26	520 Gaynor	Hindley	-	Individual
123	25.29	545 James	Mc Guire	-	Finn Valley A C
124	25.31	499 Tracy	Harley	-	Inishowen A C
125	25.33	367 Paul	Finn	-	Finn Valley A C
126	25.45	404 Alistair	Black	-	Individual
127	25.45	452 Madeline	Penrose	-	Finn Valley A C
128	25.48	515 Marie	Patton	-	Individual
129	26.12	533 Josie	Lawlor	-	Individual
130	26.29	553 Denis	Mc Gill	-	Individual
131	26.29	460 Anne Marie	Connaghan	-	Individual
132	26.32	369 Anthony	Gallagher	-	Individual
133	26.40	503 Deirdre	Collins	-	Finn Valley A C
134	26.45	591 Winnie	Henderson	-	Individual
135	26.45	591 Paul	Houston	SM	Individual
136	26.52	559 Eadaoinn	Doherty	-	Finn Valley A C
137	26.56	524 Joe	Gallen	SM	Individual
138	26.57	410 Dessie	Black	-	Letterkenny A C
139	26.57	463 Marie	Harper	-	Finn Valley A C
140	26.59	551 Hugo	Mc Guire	-	Finn Valley A C
141	27.08	556 Jason	Gallagher	-	Individual
142	27.09	592 Patricia	Mc Nulty	SW	Individual
143	27.10	497 Ruth	Mc Crudden	W35+	Individual
144	27.17	510 Angela	Trimble	-	Individual
145	27.22	513 Mary	Carlin	-	Individual
146	27.29	434 Breege	Ward	-	Rosses A.C.
147	27.33	567 Mariosa	Doherty	-	Finn Valley A C
148	27.33	459 Yvonne	Campbell	-	Individual
149	27.45	532 Martina	Conway	-	Individual
150	27.47	549 Fiona	Lynch	-	Individual
151	27.49	449 Jennifer	Mc Dermott	-	Individual
152	27.54	539 Joanne	Whyte	-	Individual
153	28.19	561 James	Boyle	-	Finn Valley A C
154	28.22	562 Rodger	O'Connor	-	Finn Valley A C
155	28.22	500 Niamh	Glackin	-	Finn Valley A C
156	28.22	562 Grace	Boyle	-	Finn Valley A C
157	28.26	525 Caroline	Mc Guire	-	Finn Valley A C
158	28.34	518 Margaret	Mc Connell	-	Finn Valley A C
159	28.47	583 Lisa	Mc Crudden	SM	Finn Valley A C
160	29.02	491 Donal	Bonner	-	Individual
161	29.12	504 Catherine	Collins	-	Finn Valley A C
162	29.13	538 Deirdre	Mc Garrigle	-	Individual
163	29.39	586 Jason	Browne	-	Individual
164	30.23	481 Patricia	Dooley	-	Finn Valley A C
165	30.59	505 Bernie	Martin	-	Individual
166	31.26	534 Cian	Flanagan	-	Individual
167	31.51	512 Gary	Vance	-	Individual
168	32.06	444 Lynsey	Harding	-	Finn Valley A C
169	32.09	558 Bridgeen	Doherty	-	Individual
170	32.09	430 Mary	Martin	-	Finn Valley A C

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171	32.47	495 Sinead	Gormley	-	Individual
172	33.50	502 Ann	Mc Gill	-	Finn Valley A C
173	38.24	557 Bridget	Gallagher	-	Individual
174	41.45	588 Brid	Carlin	-	Individual
175	42.57	489 Evelyn	Quinn	-	Individual
176	42.57	488 Mary	Mc Gill	-	Individual
177	42.57	490 Liz	Gallen	-	Individual
178	44.06	564 Mary	Mc Glynn	-	Individual
179	44.06	587 Mary	Henderson	-	Individual

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