

FINN VALLEY A.C.

Open Track and Field Meeting



Registration 6.30 p.m. - competition starts at 7 p.m.

ORDER OF EVENTS

TRACK

7.00 p.m. sharp

Boys

60m U11 Girls and Boys Heats
M & F

60m U13 Girls and Boys Heats
& Boys

60m U11 Girls and Boys FINALS
& Boys

60m U13 Girls and Boys FINALS

60m U15 Girls and Boys Heats
& Girls

60m Over 15 Male & Female Heats

60m U15 Girls and Boys FINALS
& Boys

60m Over 15 Male & Female FINALS
& Boys

1500m Walk for all age groups

F

FIELD

7.00 p.m.

High Jump U15 Girls &

High Jump Over 15

High Jump U11 Girls

High Jump U13 Girls

7.00 p.m.

Shot Putt U15 Boys

Shot Putt Over 15 Male & F
Shot Putt U11 Girls

Shot Putt U13 Girls
(4 Throws each)

7.00 p.m.

(3 Jumps each)

Long Jump U15 Girls

Long Jump U15 Boys

Long Jump Over 15 Male &

Boys

Long Jump U11 Girls &

Boys

Long Jump U13 Girls &

Under 11 Girls and Boys - 600m,
Under 13 Girls and Boys - 600m,
Under 15 Girls and Boys - 800m,
Over 15 Girls and Boys - 300/400m,
Over 15 Male/Female - 800m