



Back of the Wall 5K Challenge.

Come along, run, jog or walk
this beautiful scenic route in the
Crossroads/Killygordon area.
Starting at Red Hughs Club House.

Sunday 29th April @11am.

Refreshments served afterwards
Entry Fee includes prize draw.

A great family day out.

Enter on the day, registration
between 9.30—10.30 or online at
redhughs5k@gmail.com

€5 per adult. €3 per child

Course details and to download
your copy of Couch to 5k program.
Visit: WWW.Redhughsgaa.com.

